

ON-DEMAND FITNESS FOR

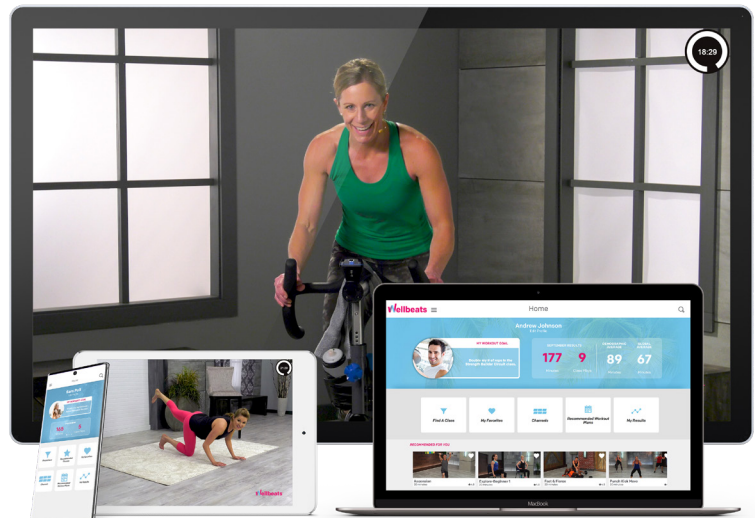


Wellbeats™

- ✓ 500+ classes including yoga, HIIT, strength training, cycling, running/walking, mindfulness, office breaks, and recovery
- ✓ Easy-to-use navigation and interface
- ✓ Recommended classes according to your personal preferences
- ✓ Coached by a team of certified, supportive instructors
- ✓ Stay accountable with goal-based challenges
- ✓ Track your progress with personal statistics
- ✓ No equipment options available

No matter your goals, Wellbeats has a starting point for you and your fitness journey.

All Ages. All Levels. All Lifestyles. Discover fitness at your fingertips. Whether at home, work, or on-the-go, Wellbeats is an easy-to-use, on-demand fitness platform to help you feel happier, healthier, and stronger.



How to Get Started with Wellbeats

Ready to play a class? Here is how to login and start using Wellbeats today:

1

Verify your login credentials

Your username and password is sent to your work email address. You can search "Wellbeats" or "support@wellbeats.com" in your email inbox.



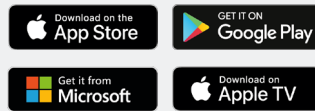
If you're having trouble locating the email, please contact your employer or affiliated organization's supervisor. You may also contact the Wellbeats Support Team at support@wellbeats.com for help.

2

Download Wellbeats on your preferred device

You can also visit the Wellbeats website portal on your computer to play classes.

Download the Wellbeats app:



OR

Login on the website portal:
portal.wellbeats.com



3

Play a class!

You can find workouts for all ages, levels, and abilities. Options include cycling, yoga, Pilates, walking/running, HIIT, strength training, kickboxing, dancing, office breaks, stretching, and so much more!



Share your progress with us using [#Wellbeats](https://www.facebook.com/Wellbeats) on Facebook or Instagram so we can give you a special shout out.



Have questions? Contact the Wellbeats Support Team at support@wellbeats.com.

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"The fact that I can do it in my home = no excuses. I've lost nearly 50 lbs. in 6 months!"

- Deborah D.



"I am a busy mom and struggle with nerve pain. Wellbeats has helped me focus on me."

- Shannon K.



"The best motivation is knowing that I have the perfect class for any situation at my fingertips."

- Harry P.

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