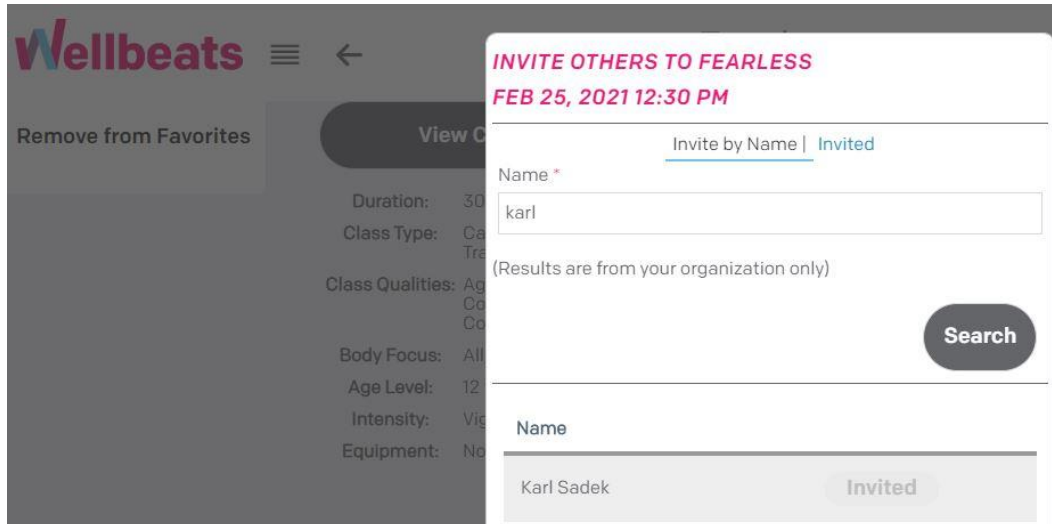
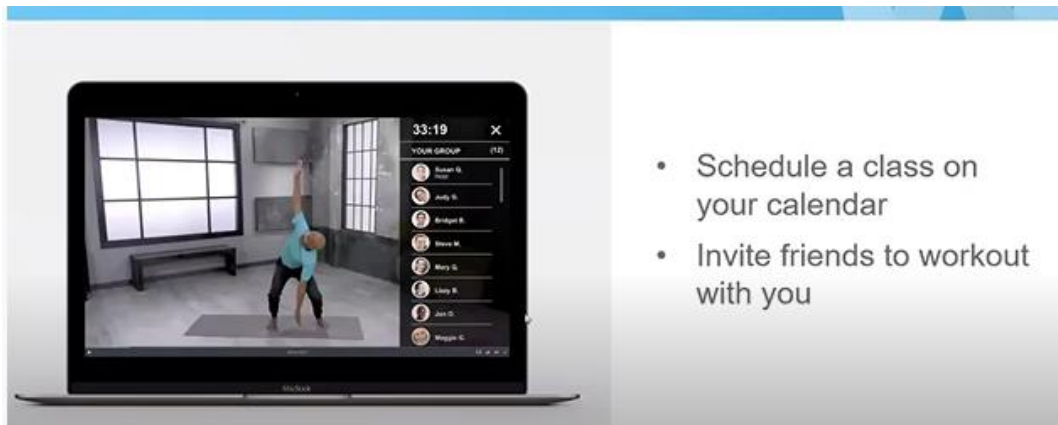


New Virtual Fitness Center class!

Join us on Thursdays 12:30 PM for a Wellbeats “workout of the week” cardio session



- **20-30 minutes of cardio for everyone (kids, adults and every fitness level) by invite-only**
 - **Sign up to receive your Wellbeats class invitation**
 - **Put it on your calendar so you won't miss it**
- **Invite your colleagues - - motivate and encourage each other! (All participants will only see profile icons onscreen)**



- Schedule a class on your calendar
- Invite friends to workout with you

FREE (you must be enrolled and logged into Wellbeats to participate in each session)

Email fitnesscenter@getty.edu to sign up or for more info