



Intro to Wellbeats Webinar

With Lisa and Karl from the Getty Fitness Center

February 16th 11:00 AM – 11:30 AM

'Intro to Wellbeats' – is a 30 minute webinar/presentation including a Q&A presented by Lisa and Karl from the Getty Fitness Center. Join us for an overview of Wellbeats with a full platform demonstration of key features such as:

- **New Scheduling & Invite Feature**- In December a new feature debuted, allowing users to schedule classes in advance and invite others from their organization to join them in a virtual room.
- **New Channel**- The [Guided Cardio channel](#) includes 6 classes for running/cardio enthusiasts!
- **New Challenge**- The “Move with Heart” challenge began on 2/1/21. Learn how to access many more WB challenges
- **Plus tips on how to maximize your Wellbeats experience for fitness, nutrition and overall wellbeing!**

Free to all eligible Getty employees RSVP for Zoom link to fitnesscenter@getty.edu

